



## Women's Services

The mission of The Council's Women's Services is to strengthen our community by providing caring, individualized support to women seeking to achieve and maintain long-term recovery from substance use disorder. The Council offers multiple pathways of support to women and their families throughout their journey to long-term recovery.

### Support Services:

**MOMS (Mothers Overcoming Mood-altering Substances):** An outreach program which focuses on pregnant and recently pregnant women to provide individualized education, intervention and support over a 3 year period.

**WRCC (Women's Recovery Community Center):** A Level III member of Pennsylvania Alliance of Recovery Residences (PARR) and the National Alliance of Recovery Residences (NARR), the WRCC located in Central Bucks County provides a safe haven for women seeking recovery support.

**ICM (Intensive Case Management):** Client driven, client centered, and strengths-based support for higher risk clients in early stages of recovery identifying realistic goals, resources and necessary advocacy to support a woman as she moves through her recovery journey to self-sufficiency.

**CRS Services (Certified Recovery Specialist):** Supports the client beyond the earliest stages of recovery to the more complex process of recovery stabilization and maintenance, including building the life skills needed to sustain and thrive in long-term recovery. Connects recovering women and their families to local support groups and communities of recovery, as well as nurturing and developing such supports and where they do not yet exist.

**Family Education Program:** A PRO-ACT (Pennsylvania Recovery Organization-Achieving Community Together) initiative to educate families of women with substance use disorder to recognize and address addiction problems in a spouse, parent, child or a loved one. This program gives the participants the tools they need to address addiction in the family constructively and begin their own process of healing and recovery.

**Advocacy:**

**Healthcare:** Clients may receive assistance maneuvering through the process to access healthcare and insurance services.

**Parity Violations/Insurance Violations:** Clients may receive assistance to insure services are billed at equitable amounts to treatment of other diseases. Insurance costs cannot be higher for addiction services than for any other disease.

**Other Community Support Services:** Clients may have additional requirements for support from organizations that supply other specific services such as Domestic Violence related issues. The Council works closely with other organizations and can help obtain access to other needed services.

\*\*Women seeking the services of The Council may participate in one or more of the programs offered, depending on the unique situation of each client.

\*\*Studies indicate over 50% of women with substance use disorder have experienced trauma. The Council staff is trauma-informed trained.