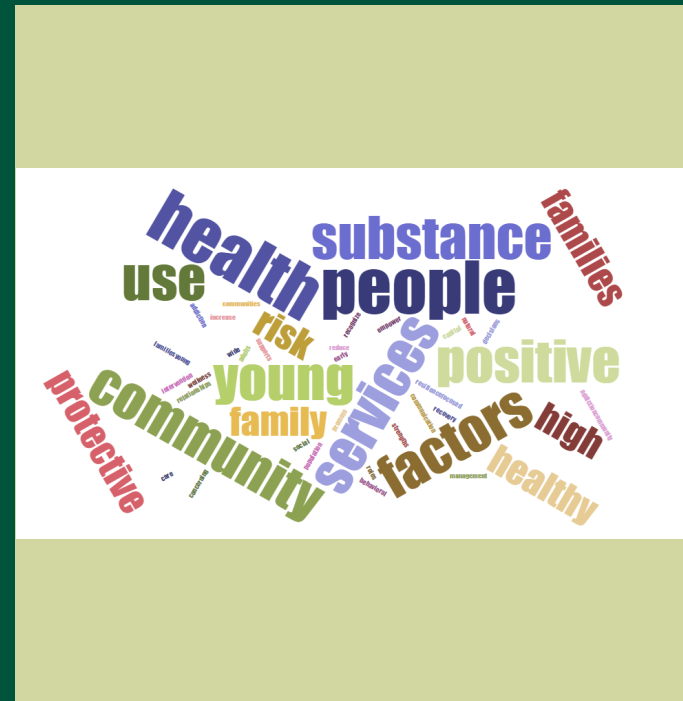


Founded in 1975, The Council of Southeast PA, Inc. a 501(c)3 organization, combats stigma, discrimination and the disease of addiction. The Council's mission is to provide resources and opportunities to reduce the impact of addiction, trauma and other related health issues for the entire community. We accomplish this through prevention, consultation, education, advocacy, assessment, intervention and recovery support services. The Council works collaboratively with quality accredited providers to offer the most appropriate care and support for each individual served.



## EARLY INTERVENTION SERVICES FOR YOUTH AND FAMILIES



For more information call:  
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# Early Intervention Services Overview

The most effective way to help someone with a substance use problem who may be at risk for developing a substance use disorder is to intervene early, before the condition can progress. Our Early Intervention services will provide a comprehensive program to the North Philadelphia community.

Services are available to youth ages 12—21 and family members.

## Program Objectives:

1. Provide services which help young people recognize the harmful consequences of high-risk substance use and/or addiction.
2. Develop a community wide response to the growing substance use issues among young people and their families.
3. Provide young people at high risk of addiction with protective factors which will help them make positive decisions concerning substance use.

## Early Intervention Services

**Assessment:** Youth and families will participate in an assessment to identify supports needed and the development of a service plan. Care Management Services will be provided to youth to support recovery and resilience-focused behavioral health services.

**Intervention Counseling:** This four session program will help youth decide for themselves the pros and cons of substance use.

**Life Skills Education:** *INTERRUPTED* is five-session program presented separately or as one extensive program to interrupt at-risk behaviors in youth and strengthen protective factors, modules focus on tobacco, underage drinking and marijuana.

**Family Strengthening Programs:** The monthly, three-session, **Family Education Program** helps individuals and families recognize and address addiction problems in a loved one. **Guiding Good Choices** is a five-session program providing parents of youth in grades 4-8 with the knowledge and skills needed to guide their children through early adolescence.

## Who Should Refer Young People to this Program?

**Parents**, who are concerned that their youth may be using alcohol and/or other drugs and want to redirect them towards a healthier lifestyle.

**Schools**, as an adjunct to or in lieu of suspension or other disciplinary action when students are found in violation of their school's Controlled Substance Policy. Suitable also for any student who has been assessed and shown to be appropriate for an education or intervention program.

**Judges** who are looking for an alternative to fines for youth who are first-time offenders will find that this program has been shown to have very positive results.

**Youth Aid Panels**, looking for an education/intervention program for young people who are using alcohol or other drugs or are at-risk for substance use.

*Any helping professional who deals with young people experiencing problems due to their substance use.*